



Auteur : cedric PETITCUENOT

Your measurements

Please specify: Measurements in cm Measurements in feet and inches
 Measure yourself by holding the tape measure horizontally and loosely.

- A. Head size : Measure it 1 cm (0.4 inch) above the ears
 + =
- B. Neck size: Mesurez-le et ajoutez l'épaisseur d'un doigt pour plus de confort
 + =
- C1. Shoulders: Measure from the back across the shoulders
 + =
- C2. Back build: Take the measurement in the back between the two armpit folds
 + =
- C3. Front build: Take the measurement in front between the two armpit folds
 + =
- D. Chest: horizontally at the broadest part
 + =
- E. Arm circumference: At the broadest part (biceps)
 + =
- F1. Length of arm from shoulder to elbow: Bend your arm
 + =
- F2. Length of arm from elbow to wrist: Bend your arm
 + =
- F. Length of arm : Add F1 and F2
 + =
- G1. Waist: At the navell
 + =
- G2. Waist Top: 10 to 12 cm (4 to 5 inches) above the navell
 + =
- H. Hips: At the broadest part
 + =
- I. Thighs: At the broadest part
 + =
- J. Calves: At the broadest part
 + =
- K1. Leg length: Waist to floor
 + =
- K2. Length of the crotch: From the crotch to the bottom of floor
 + =
- L. Front waist height: from the base of the neck to the waist
 + =

M. Total height: Head included

	+		=	
--	---	--	---	--

N. Weight: Just to have an idea of your build

--

O. Shoe size

--

P1. Height of the back: From the base of the nape of the neck to the waist (opposite the navel)

	+		=	
--	---	--	---	--

P2. Height of the tail: From the waist (opposite the navel) to the top of the knees

	+		=	
--	---	--	---	--

Q. Width of the shoulder: From the base of the neck to the armhole

	+		=	
--	---	--	---	--

R. Head height: From the base of the neck to the top of the head

	+		=	
--	---	--	---	--

S. Wrist circumference

	+		=	
--	---	--	---	--

T. Crotch: From the front waist to the back waist through the crotch

	+		=	
--	---	--	---	--

U. Armhole: Starting at the collarbone and going around the arm

	+		=	
--	---	--	---	--

+